

Ribbons Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Selection of Cereals/ Toast Milk/Water	Selection of Cereals/ Toast Milk/Water	Selection of Cereals/ Toast Milk/Water	Selection of Cereals/ Toast Milk/Water	Selection of Cereals/ Toast Milk/Water
AM SNACK	Crackers Soft Cheese Cucumber & Carrot Sticks	Selection of season fruits	Rice Cakes Blueberries Grapes	Fromage Frais Banana Strawberries	Breadsticks Mint yogurt Crudites
PM SNACK	Crackers Soft Cheese Cucumber & Carrot Sticks	Selection of season fruits	Rice Cakes Blueberries Grapes	Fromage Frais Banana Strawberries	Breadsticks Mint yogurt Crudites
LIGHT BITE TEA	Fish Fingers Carrot Waffles Beans	Pasta, ham, cheese, cucumber.	Scrambled egg, beans and toast.	Crackers Cheese/Ham Fruit/Veg Crudites	Home-made pita pizza with tomato and basil sauce, ham, grapes and peppers.